



Provisional program RRCH 2019

Friday 11/10/2019

Handing out of the bib numbers & late entry's (Lycée Belval) 18h00-20h00

Saturday 12/10/2019 // Run Trail Day

Handing out of the bib numbers & late entry's 08:00-16:00 (Lycée Belval)

MTB 39.5 km Single 9.30 (Start / Finish: Lycée Belval) time measurement (2 Day MTB Challenge /X-Duathlon MTB Track)

X-Duathlon (MTB / RunTrail / MTB) Single or in a team of 3 (21.2/9.6/18.2 km) 09:30 (Start / Finish: Lycée Belval)
Podium 14:00

RunTrail 10,3 km Single 15:00 (Start : Lycée Belval / Finish: Lycée Belval) Podium 16:30

RunTrail 18.2km Single 14:00 (Start Fond-De-Gras / Finish: Lycée Belval) Podium 15:30

RunTrail 27.7km Single 13:00 (Start Fond-De-Gras / Finish: Lycée Belval) Podium 16:00

End 18:00

Sunday 13/10/2019 // Mountain Bike Day

Handing out of the bib numbers & late entry's (Lycée Belval) 8:00-9:00

MTB 38.8 km Single 10:00-11:00 (Start / Finish: Lycée Belval) Tour

MTB 61.3 km Single 10:00-11:00 (Start / Finish: Lycée Belval) Tour

MTB 61.3 km Single 10:00-11:00 (Start / Finish: Lycée Belval) time measurement - Podium 13:30

MTB Marathon 75 km Single 10:00-11:00 (Start / Finish: Lycée Belval) Tour

MTB Marathon 75 km Single 10:00 (Start / Finish: Lycée Belval) time measurement - Podium 13:30

(part of the 2 Day MTB Challenge & National XCM Championship)

End 17:00

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