

PARTICIPANT GUIDE

THIS GUIDE IS POWERED BY



2025



11 – 12
OCTOBER 2025
Luxembourg - Belval



Participant Guide

FOREWORD

In the heart of southern Luxembourg, where crimson cliffs rise from the earth and echoes of industry linger in the air, a new adventure awaits. The Agora Red Rock Challenge 2025 is not just a race-it is a journey through time, culture, and nature, woven together in a vibrant celebration of sport and community.

As dawn breaks over the storied landscape, participants gather at the crossroads of history and innovation. Here, the past is ever-present: the mighty steelworks of Belval, the winding galleries of old mines, and the green embrace of reclaimed nature reserves. Each trail and track tells a story, inviting runners and cyclists to discover how this region has transformed, forging a future from the legacy of its industrious past.

But the Agora Red Rock Challenge is more than a test of endurance. It is a festival of discovery, where friends and families come together to share in the excitement. The air is alive with music, laughter, and the promise of new connections. The flavors of the region fill the Food Village, and the spirit of camaraderie infuses every moment, from the starting line to the finish.

This is an invitation: to explore, to compete, to celebrate. Whether you are drawn by the thrill of the race, the beauty of the Red Rocks, or the warmth of the community, the Agora Red Rock Challenge 2025 welcomes you. Step into a region in motion-where the old meets the new, and every stride and pedal stroke writes a new chapter in its ongoing story.

Welcome to the adventure. Welcome to the Red Rocks.

Marie-Josée VIDAL
President AGORA

Bruno THÉRET
Vice president AGORA

GENERAL INFORMATION

The upcoming edition of the Red Rock Challenge is planned for the 11 & 12 October 2025.

WHAT DOES THE RED ROCK CHALLENGE STAND FOR?

The Red Rock Challenge is a combination of sporting and cultural event in southern Luxembourg. Whether you are for biking or running, this challenge offers the participants to discover the wealth of industrial and natural heritage of the communes of the former mining area.

DISCOVER SOUTHERN LUXEMBURG

The Red Rock Challenge departs from Belval Lycée (for most of the races) and connects, like every year, the region's major tourist points such as Little Italy in Dudelange, the National Mining and Iron Museum in Rumelange, the Information Centre Ellergronn in Esch/Alzette and the Industrial and Railway Park Minett-Park in Differdange/Pétange, which will act as relay points and water stops along the route. The various tracks will lead the participants through the natural reserves of Haard, Hesselberg, Steebierg, Lalléngerberg and Giele Botter to arrive at the Lycée Belval where a festive gathering awaits participants at the end of the competitions. Lycée Belval is the Arrival / Departure area which offers a cloakroom & warm shower as well as a bike wash. Ready to enjoy and relax?

WHO CAN PARTICIPATE?

The Red Rock Challenge is open to people of all ages* and all levels. Participants can register individually or depending on the event (X-Duathlon) as teams of two or three competitors. All participants have the opportunity to take part in 1 event or to combine 2 different events one on Saturday and the second one on Sunday. Departures will be adjusted to allow for competitors of all levels to manage their race individually.

RACE & TOUR

As always the bike races can also be run as a « **Tour** » without time measurement. However, the marathon MTB 76 km and MTB 61 km are the two "**Cyclo sportive**" **races**, thus with time measurement. Podium and prizes are only available for time measured races. So every participant can discover the landscapes on his own pace - race or tour - you choose.

2 DAY MTB CHALLENGE

This challenge for mountain bikers gives the possibility to ride two races in two different days. The first stage is a 39 Km on Saturday and the other is 76 Km on Sunday. This race will reward the riders with most endurance ! Are you steel enough?

*General rules , age restrictions

IMPORTANT NEWS

GRAVEL EDITION

We will offer gravel routes alongside mountain biking.

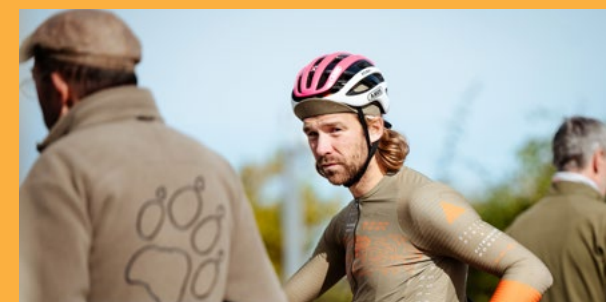
For this edition we will propose 3 gravel routes:

Gravel 32 km > 390 meters elevation gain

Gravel 66 km > 780 meters elevation gain

Gravel 95 km > 1,160 meters elevation gain

Please note that for organizational reasons, we will only share the final gravel GPX files on the day of the start. These routes will take place in the Minett region, but will be different from the marked mountain bike routes.



FOOD VILLAGE

At the finish line, you'll find our usual Food Village with various food trucks and technical assistance (Andy Schleck Cycles & De Vélosbuttik), musical entertainment, changing rooms, a hot shower, and a bike wash. Join with your family and friends, it's free!



DISCOVER THE RED ROCK REGION

ENJOY THE RICH BIODIVERSITY OF THE MINETT

Every year, the Red Rock Challenge brings together almost a thousand sports and nature enthusiasts for a weekend of challenging themselves, conviviality and discovery of the exceptional landscapes of southern Luxembourg. Over the years, this event has become a true ambassador for our region, showcasing the Minett UNESCO Biosphere through its trails and preserved natural areas. But the Red Rock Challenge isn't the only event to put the spotlight on our region: some fifteen free bicycle outings are organized each year, enabling small groups to discover the diversity of our landscapes and enjoy an immersive experience in the heart of the South.

This sporting event would not be possible without the unfailing commitment of the 60 volunteers who help organize it. Their dedication and enthusiasm are the pillars of the Red Rock Challenge's success, and I'd like to thank them warmly for their invaluable investment. The Red Rock Challenge is about more than just performance: it's about raising awareness of the need to practice sport in harmony with nature. It's an invitation to explore our region from a different angle, to appreciate its beauty while becoming aware of the importance of preserving it.

I wish everyone an enriching and unforgettable experience in this new edition of the Red Rock Challenge.

Christian Weis
President of PRO-SUD
www.minett-biosphere.com



REGULATIONS

BIB NUMBER POSITION

Participants in the X-Duathlon must wear their bib number on the handlebars and the second bib number on their back during the bike part and change it to the chest during the running discipline. Participants in the MTB rides must wear their bib number on the handlebars. Participants in running events must wear their bib number on the chest. Wearing a bib number is mandatory. Participants taking part without their bib will be disqualified and excluded from the race.

TRANSFER AREA X-DUATHLON

During the transfer, it is strictly forbidden to ride the bike in the transfer area, the bike must be pushed by the hand of the participant. Wearing the helmet in the bike park is mandatory.

HELMET / EQUIPMENT / BICYCLE TYPE

Participants must ensure that their equipment is in good condition. E-bikes, Cyclo-cross or Gravel-bikes types are allowed for the MTB tours (but not the races) but a Mountain-Bike is more adapted for the terrain. Wearing a helmet is mandatory. The organizer of the Red Rock Challenge disclaims all liability for any accident, injury or property damage. The organizer shall in no event be liable for physical injury and / or property related to a fall, for whatever reason.

CHRONOMETRY

A chip will be integrated onto the bib number thus all the participants have to wear their bib as the integrated chip allows the time measurement with the chronograph. Teams will receive only one bib with integrated chip. The bib has to be handed over to the next team member into the transition zone. Without chip, the route will not be timed thus the participant will not be included in the classification.

COURSE REGULATIONS

The maximum running time for each race is defined. Participants who exceed this time limit will not be included in the final standings. At the end of the predefined time a «bike broom» signals the end of the race. Participants wishing to continue beyond this time frame will be subject to the rules of the road and finish the race under their own responsibility. Cyclists who are forced to set foot must leave room for other competitors to pass on their left. All participants are asked to remain vigilant on public roads and pay attention to traffic since cars / shuttles will continue to operate on the route. Road safety could be ensured by the Luxembourgish Police. The Luxembourg Civil Protection, assisted by one or more physicians, will provide the medical service. Officials at Red Rock Challenge have subscribed to a civil responsibility insurance policy «RC Organizers» kind.

MEDIA

Each participant and visitor allows Red Rock Challenge asbl to use his/ her picture, audio and video recordings for marketing terms.

RESPECT OF THE ENVIRONMENT / NATURE

Participants are asked to respect the environment. All waste must remain in the staging area and possibly disposed in the recycling bins. Participants are requested not to leave the designated trails otherwise they will be disqualified.

HEALTH

Participants take part in the competition at their own responsibility. The organizer cannot be held responsible for any accident or event caused by bad health or by individual gear. Participants who decide to abandon the race are asked to go to the nearest refreshment stand in order to catch the shuttle to be brought back to the finish line. No refund will be paid in case of illness.

CANCELLATION OF THE EVENT

In case of force majeure, natural disasters or other circumstances that endanger the safety of the participants, the organizers reserve the right to cancel the event without any refund to the participants. No refund will be paid in this case.

CLOAKROOM / BIKE PARK (XD)

A cloakroom / shower area is at the disposal of the participants to store their clothes at the time of the race. The organizers strongly recommend that participants do not leave valuables and disclaim any liability in case of theft or loss. The organizer will reserve the right to close the cloakroom if the sanitary situation requires it. To enter the bike park participants must show their bib number, which must match the bib number on the bike before access is granted. Without a bib bikes cannot be put in or out of the park. The organizer disclaims all responsibility for any damage to the equipment or others.

AGE RESTRICTIONS

Each participant recognizes and will respect the general age restrictions as set by the FLA, FLTRI and FSCL for endurance races.

FEES AND TICKET PURCHASE

You can book your tickets on our webpage or register as late entry on site at the Lycée Belval.

TRACKS AND GPX FILES

Most tracks can be downloaded from our web page in multiple formats: www.rr-challenge.lu

FINAL REMARKS

Participants acknowledge that they have read these regulations and accept all the clauses.

PARTNERS

MAIN PARTNER

Agora > www.agora.lu

FINANCIAL PARTNERS

Andy Schleck Cycles > www.andyschleckcycles.lu

E. Leclerc > www.e.leclerc

SUDenergie > www.sudenergie.lu

Pro-sud > www.minett-biosphere.com

VisitLuxembourg > www.visitluxembourg.com

EVENT PARTNERS

Befort > www.befort.eu

Cercle Athlétique Belvaux > www.cab.lu

Centre d'Accueil Ellergronn > www.environnement.public.lu

CIGL Mondercange asbl > www.mondercange.cig.lu

CIGL Sanem asbl > www.suessem.lu

CIGL Differdange asbl > www.cigl-differdange.lu

De Vélosbutikk > www.cigl-differdange.lu

Emile Weber > www.voyages-weber.lu

Fastforward suspension > www.fastforward-suspension.de

Fonds Belval > www.fonds-belval.lu

FSCL > www.fscl.lu

G-Art > www.g-art.lu

Lamesch > www.lamesch-prezero.lu

Lëtzbuerger Guiden a Scouten > www.lgs.lu

Lycée Bel-Val > www.lbv.lu

Minett Park > www.minettpark.lu

Munhowen > www.munhowen.lu

T'ees > www.teesicetea.lu

Trail des Mines > www.tdm.lu

Musée National de Mines de Fer Luxembourgeoises > www.mnm.lu

Parc Industriel, naturel et ferroviaire Fond-de-Gras > www.minettpark.lu

Sudstroum escher kulturlaf > www.kulturlaf.lu

LOGISTIC & COMMUNICATION

Etude Penning-Schiltz-Wurth > www.psw-avocats.lu

Fiduciaire Muller & Associés > www.paddock.eu

Fontana > www.fontana.lu

Sensity (Services for Cities and Innovation) > www.sensity.eu

Skin > www.welcometoskin.com

Wildness Visual > www.wildnessvisual.com

For more information and updates please visit our website:

www.rr-challenge.lu

ENCOURAGE THE ATHLETES

Follow the live event and support the athletes :
(estimated program)

SATURDAY 12 OCTOBER - TRAIL RUNNING

DIFFERDANGE : MINETT-PARK

MTB 10:20

X-Duathlon (MTB) 10:18

X-Duathlon (Run) 11:00

BELVAL : FINISH

MTB head of the race: 11:00

X-Duathlon head of the race: 11:40

RT 29 km: head of the race: 14:58

RT 19,2 km: head of the race: 15:18

RT 10,5 km: head of the race: 15:44

SUNDAY 13 OCTOBER - BIKING

RUMELANGE : MUSÉE NATIONAL DES MINES

MTB 62 & 76 km : head of the race : 10:34

DUDELANGE : PARKING RUE DES MINIÈRES

MTB 62 & 76 km: head of the race: 10:55

KAYL : PARKING LÉIFRÄCHEN,

MONUMENT NATIONAL DES MINEURS

MTB 62 & 76 km : head of the race : 11:27

ESCH : PARKING LALLENGER BIERG, POTEAU DE KAYL

MTB 62 km: head of the race: 11:39

MTB 76 km : head of the race : 12:07

ESCH : STADE FOLA/PARC GAALGEBIERG

MTB 62 km: head of the race: 11:47

MTB 76 km : head of the race : 12:17

BELVAL : FINISH

MTB 62 km: head of the race : 12:11

MTB 76 km : head of the race : 12:40

CONTACT

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IMPRESSUM

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PROGRAM 2025

10
OCTOBER
FRIDAY

Handing out of the bib numbers
& late entries.

Lycée Belval From: **18h00**

Until: **20h00**

TRAIL RUNNING / X-DUATHLON

11

OCTOBER
SATURDAY

Handing out of the bib numbers
& late entries.

Lycée Belval From: **08h00**

Until: **18h00**

TRAIL RUN

10,5 KM Single

Start: Lycée Belval **15h00**
Finish: Lycée Belval

Podium **16h30**

TRAIL RUN

19,2 KM Single

Start: Fond-De-Gras **14h00**
Finish: Lycée Belval

Podium **16h15**

TRAIL RUN

29 KM Single

Start: Fond-De-Gras **13h00**
Finish: Lycée Belval

Podium **16h00**
End of race **18h00**

X-DUATHLON

Single or Team of 3
Stage details: MTB **21,2 KM** +
RunTrail **9,6 KM** + MTB **18,2 KM**

Start: Lycée Belval **09h30**
Finish: Lycée Belval

Podium **14h00**

MTB RACE

39 KM Time measurement
(part of 2 Days MTB Challenge)

Start/Finish:
Lycée Belval **9h30**

End of race **18h00**

BIKING

Powered by:
Sensity for consistency
and change

12

OCTOBER
SUNDAY

Handing out of the bib numbers
& late entries.

Lycée Belval From: **08h00**

Until: **11h00**

MTB TOUR

40 KM

Start/Finish: Lycée Belval
10h00 - 11h00

MTB TOUR

62 KM

Start/Finish: Lycée Belval
10h00 - 11h00

MTB RACE

62 KM Time measurement

Start/Finish: Lycée Belval
10h00

Podium **13h30**

MTB TOUR - "MARATHON"

76 KM

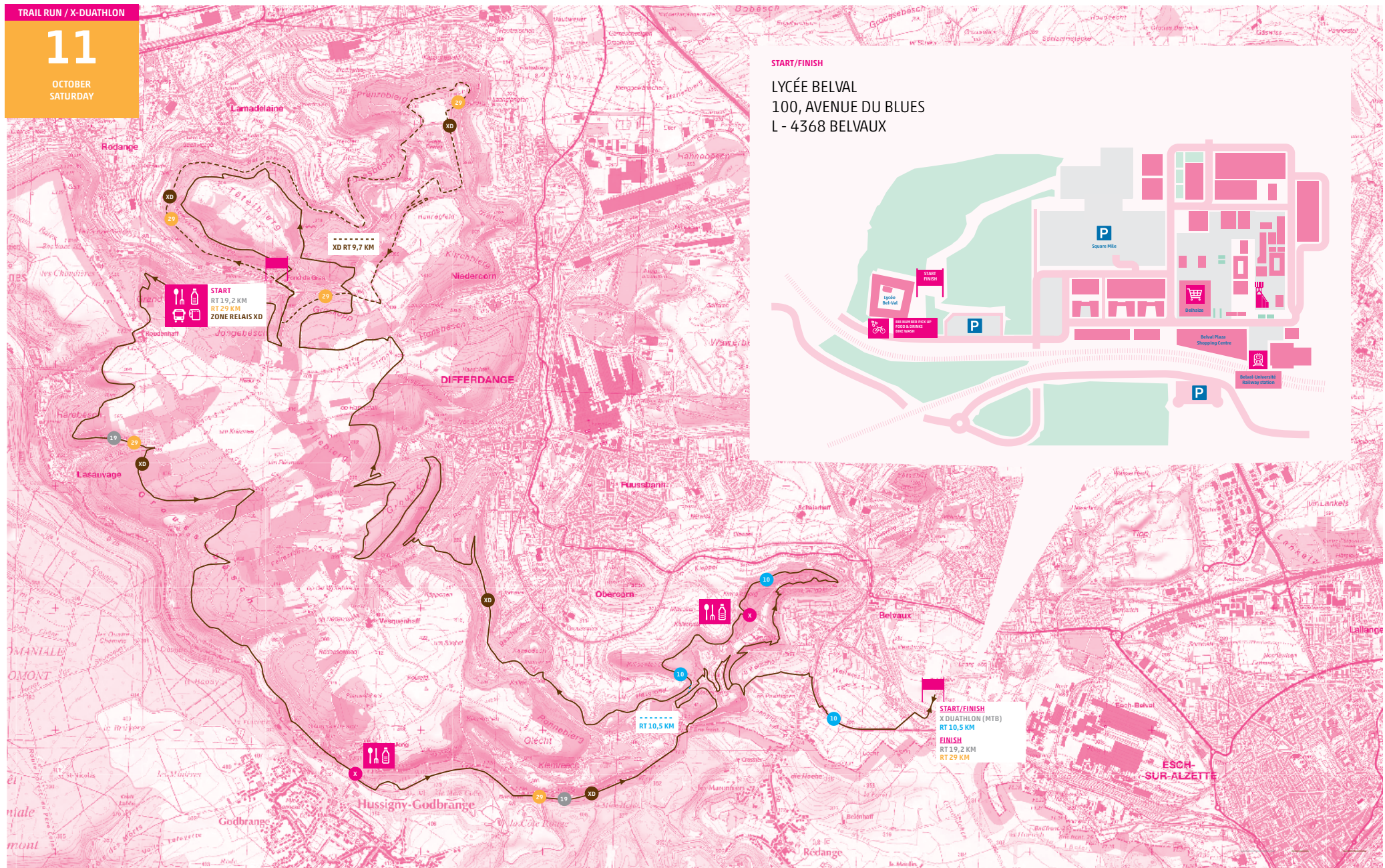
Start/Finish: Lycée Belval
10h00 - 11h00

MTB RACE - "MARATHON"

76 KM Time measurement
(also part of 2 Days MTB Challenge)

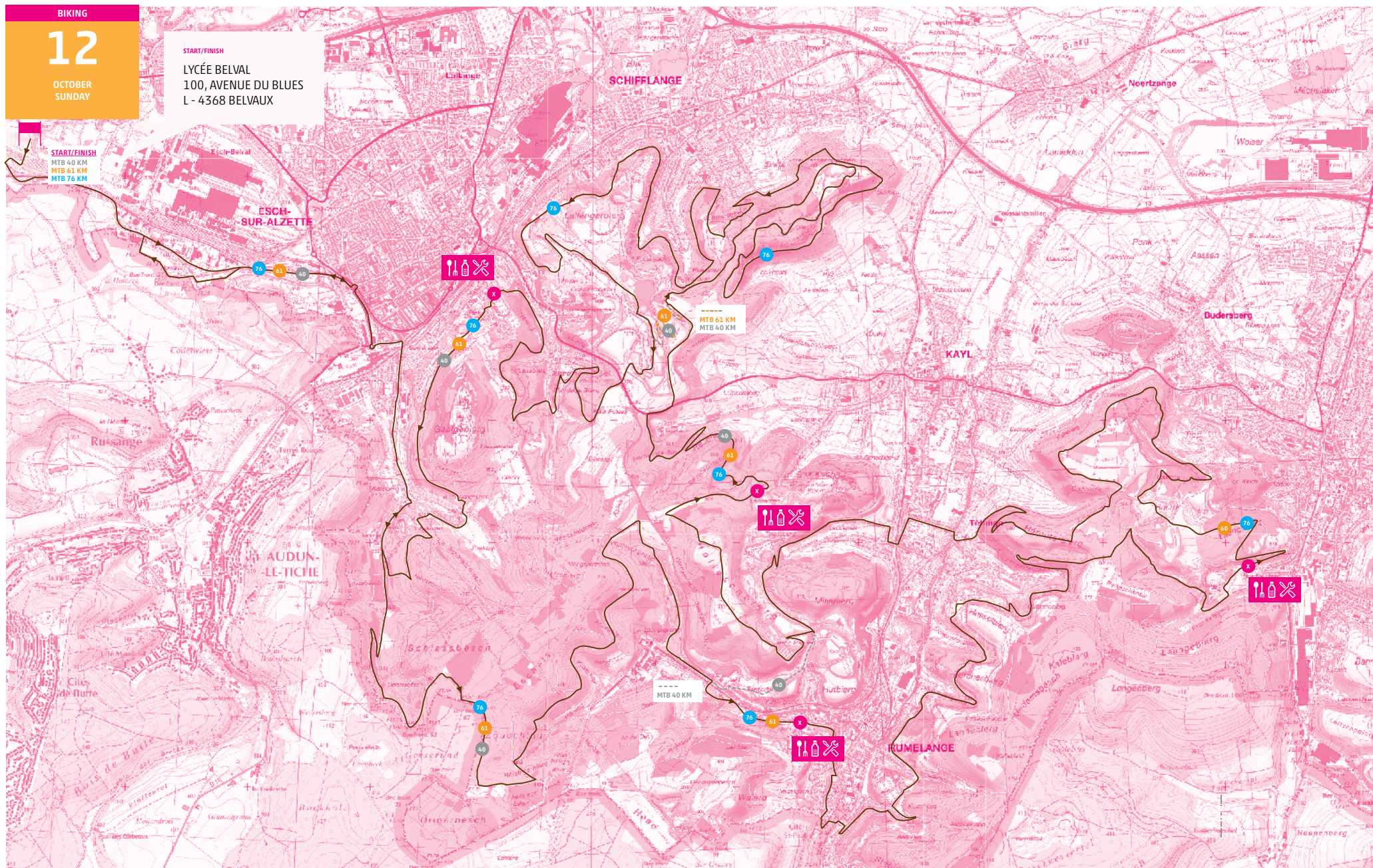
Start/Finish: Lycée Belval
10h00

Podium **13h30**
End of race **17h00**



Important Note 1: Late Registrations The distribution of race bibs for each event, as well as any late registrations, ends 1 hour before the start of the events.

Important Note 2: The organizers reserve the right to slightly modify (shorten or lengthen) the courses if necessary for safety or other reasons.



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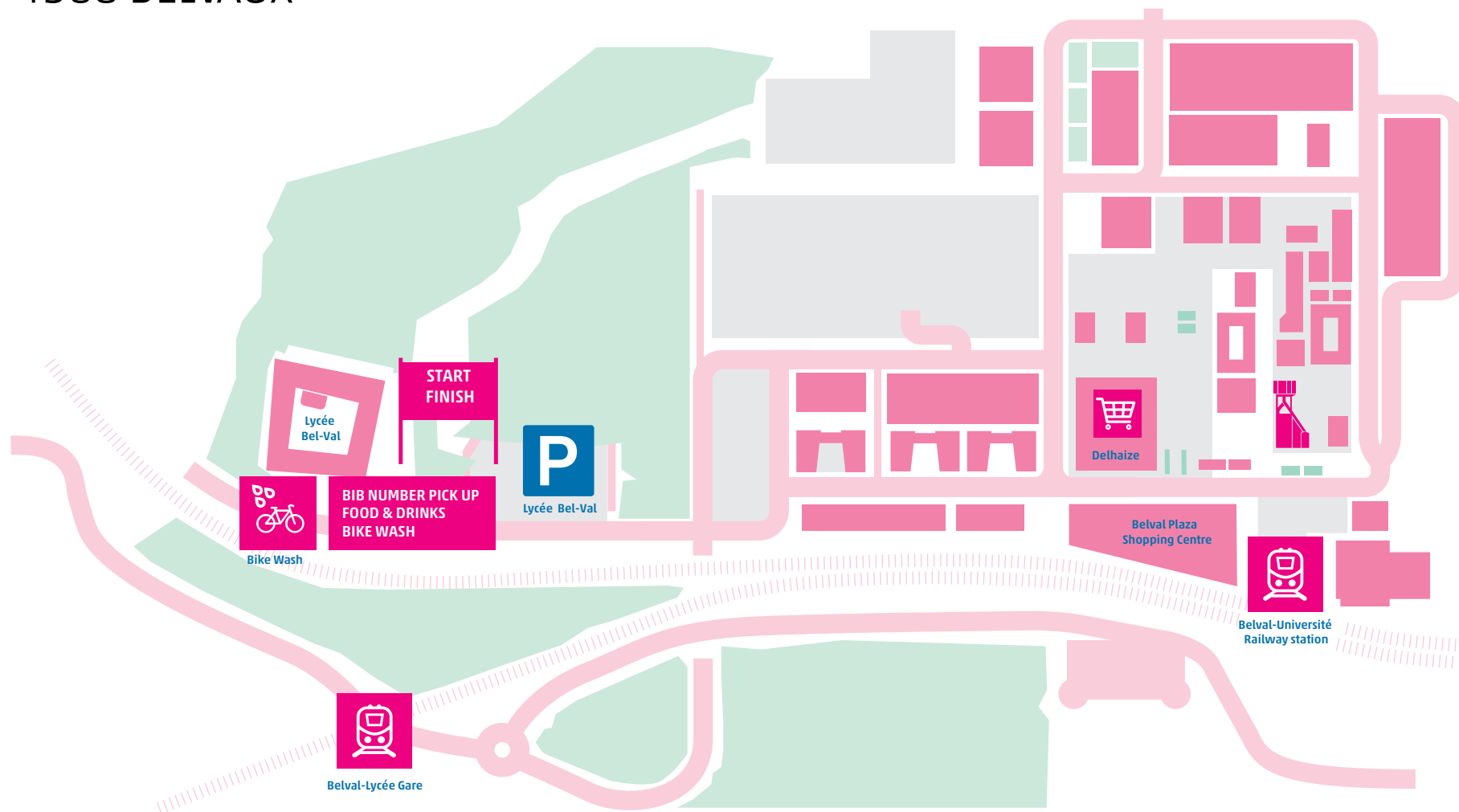
XCM Championship: Riders will be escorted by the police at the start for a distance of approximately 5 km. Overtaking the police will result in the immediate disqualification of the rider. A simulated start will be given as soon as the riders enter the forest and the police move aside.

START/FINISH - FOOD VILLAGE

LYCÉE BELVAL

100, AVENUE DU BLUES

L - 4368 BELVAUX



A person wearing a bright yellow shirt is running through shallow water, creating a large, dynamic splash. The water is white and frothy, with many droplets suspended in the air. The background is a blurred natural setting with trees and foliage. The overall tone is energetic and outdoor.

MEET US AT BELVAL !